WHITESIDE MIDDLE SCHOOL
ATHLETIC TEAM TRY-OUT & PARTICIPATION REQUIREMENTS 2026-2027 School Year

All students wanting to participate in any sports activity listed below MUST have the following turned in to the middle school office by the deadline in order to participate in try-outs.
Sports Packets must be renewed yearly and are valid for the whole school year.

Questions may be directed to coaches by e-mail.

- **Current physical (less than one year old as of tryout date)**
  - **Must Have Approval to Participate in Athletics/Sports Box Checked**
  - **Must be SIGNED and Filled out by a Physician, N.P., of P.A. to be valid**
- **2026-2027 Sports packet (only one required per school year)**
  1. Certificate of Physical Fitness for Participation
  2. Agreement to Participate
  3. Medical Authorization Form
  4. Concussion Information Acknowledgement
- **Registration fee and all incidental fees (lunch, IDs, library, etc.) paid**
- **No more than one F to be academically eligible (not applicable for August tryouts)**

Note: If your student makes a team, an Activity Fee of $25 for the first activity and $10 for each additional activity is due two (2) weeks following tryouts or by the first game, whichever comes first. This is not required for tryouts.
Students with any outstanding fees on any given Monday will have until Friday of that week to make payment. Students will be required to "sit out" the following week until all fees are paid. If not paid by Friday of the second week, the student will be removed from the team.

The district allows a student to modify his or her athletic or team uniform for the purpose of modesty in clothing or attire that is in accordance with the requirements of his or her religion or his or her cultural values of modesty preferences. A student is not required to receive the prior approval of the school administration for such modifications.

Early Fall Sports- Open to Incoming 5th- 8th Graders

- **Physical, sports packet, and fees due by July 10th**
- **Baseball- Coach Matt Fritsche matt.fritsche@wssd115.org**
- **Tryouts: Wednesday, July 22nd and Thursday, July 23rd from 9am to 11am**
- **Softball- Coach Abby Gray- abigail.gray@wssd115.org**
- **Tryouts: Monday, July 20th and Tuesday, July 21st from 9am to 11am**
- **Cross Country – Coach Luke Ryterski- luke.ryterski@wssd115.org**
- **Tryouts: Monday, July 13th at 8am**

Late Fall Sports

- **Physical, sports packet, and fees due by September 10th**
- **Cheerleading – 7th & 8th Graders – Coach Ashley Brown ashley.brown@wssd115.org & Coach Elizabeth Thurman**
- **Tryouts: Mid-September/ Early October**
- **Boys' Basketball –Coach Walter Jackson (7-8)**
  walter.jackson@wssd115.org
  - Coach Markel Wade (5-6) Markel.wade@wssd115.org
- **Girls Basketball - Coach Javis Taylor (7-8) javis.taylor@wssd115.org**
  - Coach Hailey Clay (5-6) Hailey.clay@wssd115.org
- **Tryouts first or second week in October**

Winter Sports

- **Physical, sports packet, and fees due by December 11th**
- **Boys' Volleyball-TBD**
- **Girls' Volleyball- Coach Dawn Vollmer (7-8) dawn.vollmer@wssd115.org**
  - Coach TBD(5-6)
- **Bowling (Grades 5-8) – Coach Abby Gray- abigail.gray@wssd115.org**
- **Tryouts first or second week in January**

Spring Sports

- **Physical, sports packet, and fees due by March 3rd**
- **Boys' Track (Grades 6-8) – TBD**
- **Girls' Track (Grades 6-8) – TBD**
- **Golf (Grades 5-8)- Coach Dennis Martinez- dennis.martinez@wssd115.org**
- **Soccer (Co- Ed- Girls and Boys) - Coach Dawn Vollmer - dawn.vollmer@wssd115.org**
- **Tryouts second week of March**